Table 1.

|  |  |  |
| --- | --- | --- |
|  |  | Year of Assessment |
| Variable |  | Baseline (n=500) | Year 3.94 (n=449) | Year 11.46 (n=313) |
|  |  | M (SD) | M (SD) | M (SD) |
| Demographic |  |  |  |  |
| Age |  | 62.96 (.92) | 66.90 (.92) | 74.36 (.88) |
| Height (in cm) |  | 168.36 (8.87) | 166.87 (9.33) | 166.90 (9.45) |
| Smoking historya |  | .77 (.78) | - | - |
| Number of cardiac infarctions |  | .06 (.23) | - | - |
| Angina PectorisbEducation |  | .28 (.45) | - | - |
| No secondaryb |  | .07 (.26) | - | - |
| Secondary schoolb |  | .71 (.45) | - | - |
| Gramar schoolb |  | .02 (.15) | - | - |
| Othersb |  | .19 (.39) | - | - |
|  |  |  |  |  |
| Physical |  |  |  |  |
| Handgrip |  | 77.76 (27.84) | 70.04 (19.97) | 52.91 (16.91) |
| Timed up and go |  | 5.80 (1.28) | 6.19 (3.14) | 8.14 (2.15) |
|  |  |  |  |  |
| Cognitive |  |  |  |  |
| Spatial Ability |  | 21.40 (6.56) | 20.48 (6.73) | 19.84 (6.86) |
| Verbal Fluency |  | 29.13 (8.77) | 30.05 (9.43) | 28.80 (9.26) |
| Picture Completion |  | 11.73 (3.86) | 12.00 (3.67) | 11.79 (4.08) |
| Block Design  |  | 26.90 (8.17) | 24.29 (8.57) | 24.13 (8.11) |
| Digit Symbol Substitution  |  | 43.05 (11.19) | 42.77 (11.20) | 39.97 (10.90) |
| WAIS Knowledge  |  | 15.61 (4.81) | 16.00 (4.59) | 16.27 (4.5) |
|  |  |  |  |  |
|  |  |  |  |  |
| Study Characteristics |  |  |  |  |
| Retention from previous wave (%) |  |  | 89.80 | 69.71 |
| Representative sample |  | Yes (largely) |  |  |
| Oldest Birth Cohort (year) |  | 1930 |  |  |
|  |  |  |  |  |

1. Categorical variable (0 = no; 1 = formerly; 2 = yes)
2. Dichotomous variable (0=no; 1=yes).

**Additional note:** In the table below I added columns for the spefic number of participants (n) in the different occasions, because the “n” varies a bit for the different tests and occasions.

Table 1.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Year of Assessment |  |  |  |
| Variable |  | Baseline (n=500) | Year 3.94 (n=449) | Year 11.46 (n=313) | N Baseline | N 2. Occasion | N 3. Occasion |
|  |  | M (SD) | M (SD) | M (SD) |  |  |  |
| Demographic |  |  |  |  |  |  |  |
| Age |  | 62.96 (.92) | 66.90 (.92) | 74.36 (.88) | 481 | 437 | 306 |
| Height (in cm) |  | 168.36 (8.87) | 166.87 (9.33) | 166.90 (9.45) | 498 | 446 | 248 |
| Smoking historya |  | .77 (.78) | - | - | 498 |  |  |
| Number of cardiac infarctions |  | .06 (.23) | - | - | 500 |  |  |
| Angina PectorisbEducation |  | .28 (.45) | - | - | 500 |  |  |
| No secondaryb |  | .07 (.26) | - | - | 500 |  |  |
| Secondary schoolb |  | .71 (.45) | - | - | 500 |  |  |
| Gramar schoolb |  | .02 (.15) | - | - | 500 |  |  |
| Othersb |  | .19 (.39) | - | - | 500 |  |  |
|  |  |  |  |  |  |  |  |
| Physical |  |  |  |  |  |  |  |
| Handgrip |  | 77.76 (27.84) | 70.04 (19.97) | 52.91 (16.91) | 485 | 441 | 155 |
| Timed up and go |  | 5.80 (1.28) | 6.19 (3.14) | 8.14 (2.15) | 243 | 441 | 223 |
|  |  |  |  |  |  |  |  |
| Cognitive |  |  |  |  |  |  |  |
| Spatial Ability |  | 21.40 (6.56) | 20.48 (6.73) | 19.84 (6.86) | 499 | 448 | 309 |
| Verbal Fluency |  | 29.13 (8.77) | 30.05 (9.43) | 28.80 (9.26) | 499 | 446 | 312 |
| Picture Completion |  | 11.73 (3.86) | 12.00 (3.67) | 11.79 (4.08) | 499 | 446 | 311 |
| Block Design  |  | 26.90 (8.17) | 24.29 (8.57) | 24.13 (8.11) | 499 | 448 | 312 |
| Digit Symbol Substitution  |  | 43.05 (11.19) | 42.77 (11.20) | 39.97 (10.90) | 499 | 448 | 310 |
| WAIS Knowledge  |  | 15.61 (4.81) | 16.00 (4.59) | 16.27 (4.5) | 500 | 448 | 313 |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| Study Characteristics |  |  |  |  |  |  |  |
| Retention from previous wave (%) |  |  | 89.80 | 69.71 |  |  |  |
| Representative sample |  | Yes (largely) |  |  |  |  |  |
| Oldest Birth Cohort (year) |  | 1930 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

1. Categorical variable (0 = no; 1 = formerly; 2 = yes)
2. Dichotomous variable (0=no; 1=yes).