

Table 1. *RADC*

Variable	Year of Assessment				
	Baseline (n = 1362) M (SD)	Year (n = 1100) M (SD)	Year 4 (n = 932) M (SD)	Year 6 (n = 773) M (SD)	Year 8 (n = 647) M (SD)
Demographic					
Age	78.95 (7.78)	79.85 (7.46)	80.58 (7.48)	81.42 (7.19)	82.66 (7.12)
Education	14.60 (3.30)	-	-	-	-
Height	1.64(0.10)	1.63(0.10)	1.63(0.10)	1.63(0.10)	1.63(0.09)
Smoking history ^a	0.46(0.55)	-	-	-	-
Cardiovascular disease ^a	0.10(0.30)	0.11(0.32)	0.12(0.32)	0.12(0.32)	0.14(0.34)
Diabetes ^a	0.14(0.35)	0.15(0.35)	0.16(0.36)	0.17(0.38)	0.20(0.40)
Physical					
Pulmonary	1.68(0.58)	1.65(0.56)	1.63(0.54)	1.58(0.54)	1.57(0.54)
Cognitive					
MMSE	28.17(1.98)	28.30(1.76)	28.17(1.87)	28.22(1.77)	28.16(1.97)
Line Orientation	10.03(3.10)	10.20(3.21)	10.38(3.11)	10.40(3.13)	10.28(3.18)
Boston Naming Test	13.91(1.39)	14.09(1.14)	14.15(1.13)	14.16(1.11)	14.16(1.16)
Complex Ideas	7.72(.60)	7.73(.55)	7.74(.55)	7.74(.54)	7.78(.56)
Category Fluency	34.62(8.93)	35.03(9.14)	34.77(9.31)	35.15(9.34)	35.27(9.64)
Digits Backwards	6.29(2.10)	6.30(2.00)	6.35(2.00)	6.31(2.00)	6.46(2.05)
Digits Forward	8.36(2.02)	8.40(2.00)	8.49(2.02)	8.35(1.96)	8.46(2.10)
Digit Ordering	7.24(1.59)	7.37(1.52)	7.30(1.61)	7.39(1.50)	7.22(1.56)
Progressive Matrices	11.76(2.82)	11.95(2.83)	11.82(2.83)	11.91(2.72)	11.77(2.88)
Number Comparison	24.61(7.48)	24.95(7.54)	25.06(7.51)	25.19(7.48)	25.09(7.77)
NART Reading	7.84(2.36)	8.02(2.29)	8.14(2.20)	8.14(2.15)	8.19(2.19)
Digit Symbol	38.80(10.63)	39.42(10.52)	38.97(10.95)	39.31(10.68)	39.30(11.10)
Word List	17.56(4.25)	18.34(4.09)	18.47(4.47)	19.11(4.55)	19.16(4.45)
Word List Recall	5.53(2.29)	5.81(2.21)	5.92(2.35)	6.17(2.23)	6.14(2.23)
Word List Recognition	9.59(1.03)	9.65(1.02)	9.70(0.88)	9.74(0.90)	9.72(0.88)
Logical Memory Immediate	11.28(4.25)	11.84(4.19)	12.36(4.30)	12.66(4.13)	12.79(4.33)
Logical Memory Delay	9.59(4.34)	10.25(4.43)	10.92(4.61)	11.22(4.51)	11.55(4.65)
Boston Story Immediate	9.27 (1.81)	9.64(1.80)	9.63(1.84)	9.74(1.78)	9.61(1.84)
Boston Story Delay	9.31(1.96)	9.27(2.01)	9.26(2.26)	9.34(2.27)	9.24(2.26)
Study Characteristics					
Retention from previous wave (%)		81%	85%	83%	84%
Representative sample	Yes				
Oldest Birth Cohort (year)	1899				

a. Dichotomous variable (0=no; 1=yes).